

Bridging the Healthcare Divide: An Introduction to Naturopathic Medicine with Dr. Robert Coleman

This program is designed to bridge conventional and naturopathic care, this session introduces a patient-centered framework—contrasting it with traditional diagnosis-centered models—while highlighting how objective thinking, active listening, and core naturopathic principles elevate clinical practice. Participants will walk away with a practical roadmap for integrating advanced diagnostic testing, managing supplements and prescriptions, building collaborative prescriber partnerships, and coordinating referrals and long-term follow-up care.

Dr. Robert E. Coleman, Jr. is a naturopathic physiatrist specializing in integrative pain management, complex chronic illness, advanced IV therapeutics, family medicine, and environmental detoxification. Bridging the gap between advanced biochemistry, functional physiology, and restorative structural therapy, Dr. Coleman provides comprehensive care for patients navigating multifaceted health challenges. His clinical expertise includes treating Lyme disease and co-infections, severe autoimmune disorders, and multi-systemic conditions affecting the neurological, cardiovascular, gastrointestinal, and musculoskeletal systems.

Practicing a deeply patient-centered model, Dr. Coleman honors the profound interconnectedness of mental, emotional, spiritual, and physical wellbeing. His precise, integrative interventions utilize a sophisticated blend of natural remedies, custom botanical formulations, targeted IV therapies, and standard compounded or prescription medications when indicated. To ensure the highest level of clinical accuracy, he utilizes comprehensive diagnostic laboratory testing and advanced imaging while maintaining the ability to seamlessly refer to other medical specialists.

As a trusted expert within the integrative medicine community, Dr. Coleman is dedicated to open, multi-disciplinary collaboration. He is actively expanding a robust referral network of primary care physicians, orthopedic specialists, chiropractors, acupuncturists, and manual therapists to deliver cohesive, multi-dimensional recovery plans.

Dr. Coleman’s mission is driven by a harsh reality: a rapidly growing number of underserved patients and families are struggling to find a path out of failing healthcare systems. He

firmly believes that these individuals deserve better, and that navigating chronic illness or getting older should never equate to getting sicker.